

**The following is a typical programme that an incoming group would be likely to follow, based on a recent visit from FF Lake Hartwell**

**Saturday**

**8.00** Group to arrive at Heathrow Airport for bus transfer to Truro (at own expense)

Arrive in Truro at approx. **19.00 - 20.00**

Evening - free with Hosts

**Sunday**

Morning free with Hosts

**15.00** Welcome tea party at the home of one of our hosts

Evening - free with hosts

**Monday**

Day trip to Truro.

**10.30**

Meet with Mayor of Truro, Mrs Callen.

**11.30**

Guided tour of the city with a professional "Blue Badge" guide  
(Meet at Mayor's parlour.)

Afternoon - free with Hosts

Evening - Pot Luck Suppers held in a number of hosts' homes

**Tuesday**

**09.30**

Depart by bus from Truro Football Park for a tour of West Cornwall, with picnic lunch provided.

Evening - free with Hosts

**Wednesday**

Car trip to Lanhydrock House- a beautiful stately home, maintained by the National Trust. Meet in Lanhydrock car park at **11.00** for a tour of the house and gardens at **11:30**.

Picnic lunch provided by hosts.

Afternoon - free with Hosts; (Suggested trip to Charlestown or Padstow)

Evening with Hosts; an opportunity for Ambassadors to entertain Hosts

**Thursday**

Day free with hosts. (A suggested trip to St Ives)

**19.00 - 22.00**

An evening of fun and food - making, baking and eating traditional Cornish Pasties at one of our member's homes.

**Friday 19 September**

Day free with Hosts (A suggested trip to Wheal Cotes – an historic ruined tin mine on the rugged north coast- see below)

**18.30**

Farewell Party at Carnon Downs Hall.

**Saturday**

**07.55**

Main party to depart from Newquay airport.

Here is some background information on places you might visit during your stay.

## TRURO



The only city in Cornwall. Truro's most striking feature is the Cathedral, with its green spire and gothic appearance. The city's heritage is as a market town and port dating back over 800 years, booming during the tin mining era.

Nowadays the port is mostly used for pleasure cruises along the tributaries of the River Fal to Falmouth and St Mawes.

In spite of its early history, few very old buildings remain today and most of the town centre is Georgian, Regency and Victorian.

## LAND'S END



Land's End, is situated on the westerly point of mainland Britain, surrounded by spectacular views of the Atlantic Ocean.

Land's End has been the centre of Cornish legends. Some tales tell that the lost land of Lyonesse, lies beneath the sea, and spires of churches can be seen poking up from the ocean floor if conditions are right. Sailors' tales say that the sound of bells beneath the waves can be heard. Lyonesse was also said to be the lost Camelot of King Arthur legend.

## MINACK THEATRE



Built into the granite cliffs near Lands End, with the Atlantic Ocean as a back drop. The creation was the life's work of ROWENA CADE, beginning with a grass stage for a production of the Tempest in 1932. 'Minack', in Cornish means a rocky place and the black headed crag below the theatre has always drawn local fishermen. Today thousands attend the summer festival of drama, musicals and opera.

## LANHYDROCK



This was once the wealthy home of the Robartes family. The gatehouse and north wing are 17<sup>th</sup> Century, while the rest of the house was restored after a fire in 1881. There are 50 rooms to explore as well as the garden that has a magnificent collection of shrubs and trees.

## CHARLESTOWN



This harbour village was a Georgian new town built by local landowner Charles Rashleigh between 1790 and 1810 for the export of copper and china clay. Against all odds it has survived as a working port and escaped from development, retaining its character. It is a favoured location for films and is the home port for a collection of old square rigged ships which are employed in film projects all over the world.

## **PADSTOW**



Padstow is situated on the west side of the Camel estuary in North Cornwall. It is an area of outstanding natural beauty with wonderful bays and beautiful golden beaches. The town itself has a colourful and ancient history, with old crooked streets sloping down to the harbour. Today, Padstow remains a fine example of a working fishing port.

## **ST IVES**



St Ives is one of the most famous resort towns in Cornwall, combining the great Cornish tradition of a fishing harbour enclosed by a circle of magnificent beaches, backed by a maze of narrow streets and alleyways. Artists have always been attracted to the town because of its 'light'. There are many studios and galleries to browse around, where you can watch artists at work or just wander around the Tate Gallery of St Ives or the famous Dame Barbara Hepworth museum, a unique open-air garden housing many of her sculptures.

## WHEAL COTES



Wheal Coates tin mine is south of St Agnes, on the cliffs near Chapel Porth and is 200 feet above sea level.

The mine produced mainly tin, between 1872 and 1914.

The site today is notable for its three engine houses, which stand dramatically on the cliff-side.

It is now maintained by the National Trust.