



# Friendship Force of Cornwall

A stylized illustration of four Christmas trees of different colors (green, yellow, and two shades of green) standing on a white, snow-like ground. The trees are decorated with lights and topped with stars. The background is a light purple and blue wash with white dots and wavy lines.

**CHANGING THE WAY YOU  
SEE THE WORLD**

- Newsletter December 2011 -

[www.ffcornwall.org.uk/](http://www.ffcornwall.org.uk/)

## **From the President.....**



It is a privilege to become the President of such a wonderful club with such super members. It will be a hard to follow Jennie and Margie, but I am looking forward to an exciting year and am sure that with all the enthusiasm, good will and support of everyone in the club we will build upon the excellent progress achieved during the past 12 months.

The AGM in October highlighted what a committed organising group we have, and after the newly elected committee's first meeting I can guarantee that this will continue! However, it is **YOUR** club and it is essential that you let any committee member know of any ideas, changes or just thoughts about how the club is run so that we can ensure that we all get the best from our membership.

We welcome new members Caroline and Clive Cudmore and Pat O'Brien and look forward to seeing them at future events.

As you know, our club's continued success can be achieved by attracting new members, so please make it a New Year resolution to bring along a friend or two to at least one of our social and exchange events in 2012.

**A very Happy Christmas and a peaceful New Year to you all.**  
**Gavin**

## **New Committee**

A fantastic turnout at the Probus Comrades Club on October 30<sup>th</sup> enjoyed pasties, a lively atmosphere and a positive meeting. The following were elected on to the committee for the next 12 months...

**President** - Gavin Adams

**Vice President** - Shirley Anderson

**Secretary** - Pam Dungey

**Treasurer** - Iain Fraser

**Committee members** - Eckla Andrew, Martin Buck, Christine Cartlidge, Carole Pyatt, Roger Simpson, Yvonne Williams.

**Co-opted ED's** - Harry Nicholls & Josie Mather

Shirley will also act as our pastoral care member, who will look after new and potential new members. In addition, if you hear of FFC members who may have special anniversaries or birthdays, (which they don't mind being made public, of course!), please let Shirley know.

## **FF Hamburg – visit to Cornwall September 2011**

Thank you to everyone for helping to make this exchange a success. The ED, Margrit, has written to say that she has heard many very high opinions of their stay with us. That it was a really nice programme and the pasties will not be forgotten. The donation which we received in lieu of a gift has been sent to Shelter Box. The box has not yet left England, but the number is UK0065447 if

anyone would like to track it via the Shelter Box web site. I am sure it will be a real help somewhere and it is nice that both clubs will know where it has gone.

**Josie**



## **Outgoing Exchange to FF West Alajuela, Costa Rica 22<sup>nd</sup> February to 8<sup>th</sup> March 2012**

27 Ambassadors are due to travel to Costa Rica. 7 are from FF Cleveland, 2 from FF Devon and 18 from our own club. We are very much looking forward to meeting up again with the West

Alajuela members who were hosted by our club last year.

After the exchange week, we have the exciting prospect of spending another week on a tour to visit some of the other beauty spots and wild life areas of this fascinating country.

There will be an information meeting for those travelling on Saturday 7<sup>th</sup> January at 2pm at Josie and Robin's.

**Josie**

## **Incoming Exchange from FF Atlanta 24<sup>th</sup> to 31<sup>st</sup> May 2012**

We look forward to receiving 18 ambassadors from Atlanta. As a first-time ED, I am grateful for John's and Carole's experienced help and for all the replies from members offering hosting, etc. It should be a good exchange.

Please contact me for further information.

Full details of the exchange will be published in the New Year.

**Harry**

## **Exchanges in 2013**

The AGM agreed that we should contact FFI in Atlanta of our request to be considered for a one week exchange to one of the following clubs/countries – Izmir, Turkey; Braunschweig, Germany; Limburg, Belgium.



There is no guarantee that we will be granted our request, but we should know more in the first couple of months of 2012.

We will need volunteers to act as Exchange Directors and help on the organising committees for both outgoing and incoming exchanges and we hope you will be prepared to take on these roles.

### **Subscriptions are due**

Please pay any outstanding subscriptions to Iain, Club Treasurer. £25 joint and £15 single membership.

### **Quiz Night**

Start the year off by clearing away all those Christmas and New Year cobwebs with the return of the ever popular quiz night.

We will kick off at 7pm on 20<sup>th</sup> January at the Probus Comrades Club. Fish and chips will arrive at 8 pm.

Teams of 4 with funny, crazy team names will be needed.

Cost will be £1 per head. Fish and chips extra.

Your quiz masters will be Gavin and Maggie. Prizes on offer for best and worst teams.

### **Sushi Evening**

A unique opportunity to learn, have a go and eat sushi from Hiromi Bunday of Sushi Ichiban Cornwall. Jennie's home at Boswiddle, Ladock will be the venue for what promises to be a fun event on 9<sup>th</sup> February at 7pm.

There will be no cost, but Hiromi welcomes contributions which will go to the Japanese tsunami orphans fund, Ashi Naga; a really worthwhile cause.

### **Archery for Beginners followed by lunch**

**Where:-** Redruth Archers` field Lower North Country, Redruth (the field before the Gold Centre, Portreath Road, Redruth)

**When:-** Sunday 11<sup>th</sup> March 10 am `till 12 noon.

(Please note change of date)

**Cost:-** £10 pp

**Directions:-** From A30

Leave A30 at Avers roundabout, (S.P. Redruth, Porthtowan, Cornish Gold Site, Tolgus Tin.); take the 3<sup>rd</sup> exit on the roundabout, (S.P. Portreath B3300.); at X-roads in North Country turn LEFT (S.P.B3300 Portreath); Continue to next X-roads and cross straight over; the car park entrance is on the left.

Please wear loose, but not baggy clothing and stout shoes/boots.

Names of archer/diners to Roger by end of February please.

Archery numbers restricted to 24 on a first come basis.

Carvery lunch or nut roast afterwards at The Inn For All Seasons, Old Redruth By-pass.



If you don't want to have a go at the archery, you can just come to the Inn For All Seasons at 12.30 pm. Again, please let me know by the end of February.

**Roger**

### **Visit of Pallie Savoie from FFI Atlanta**

Pallie is our contact person in FFI Atlanta and will be in the UK to meet some of our clubs. She will be in Cornwall on Tues 27<sup>th</sup> March 2012 and FF Devon will be invited to join us here in Cornwall.

We are planning a social evening at the Probus Comrades Club starting at 6.30pm with traditional pasties and scones followed by Pallie telling us about FFI and answering questions we might have. Please let Shirley, Carole Pyatt or myself know of your questions in advance so that we can collate these for Pallie. This will then be followed by the popular pig racing! For those of you who remember our trip to Skinners Brewery a couple of years ago, you will no doubt recall the fun we had. The event will be linked with World Friendship Day and invitations to others in the community will be sent out nearer the time.

It is hoped to provide flyers for everyone to ensure that we promote the event as much as possible. More details to follow.

**Gavin, Shirley & Carole**

### **Treasure Trail and Supper**

On Sunday 22<sup>nd</sup> April next year we are planning another popular walking Treasure Trail following on from the successful one held in Wadebridge. This year it will be in Lostwithiel and will be followed by a meal.

### **Courts of Justice Tour**

For most of us, I hope(!), this would be a first opportunity to have a look around the courts in Truro using Pam Dungey's experience and knowledge. It is hoped this will take place in September.

More details to follow.

To add to the list of social events in 2012, arrangements are in hand for June and July to include a visit to the **Minnack Theatre** as well as a walk and meal. (See dates for your diary.)

**Christine**

### **FFC business cards**

This is an excellent way to promote Friendship Force and our club. You can give them to friends, work colleagues, acquaintances, family. Each card will have your name and contact details as well as the club's website and for only 70p for 10 these can be purchased for Robin. Please spread the word at every opportunity!



## DATES FOR YOUR DIARY



### **Friday 20<sup>th</sup> January**

Quiz night at Probus Comrades Club. 7pm prompt.  
Fish and chips (£5) at 8pm. £1 a head for each quiz participant. Names of teams of 4 to Gavin by 18<sup>th</sup> January please.

### **Thursday 26<sup>th</sup> January**

Committee meeting at Yvonne's.

### **Thursday 9<sup>th</sup> February**

Sushi evening at Jennie's starting at 7pm.  
Free, but donations welcome. Wine provided at small cost per glass. If you wish to attend please let Shirley know by 2<sup>nd</sup> February.

### **Wednesday 22<sup>nd</sup> February to Thursday 8<sup>th</sup> March**

Club exchange to FF West Alajuela, Costa Rica

### **Sunday 11<sup>th</sup> March**

10am - Archery for beginners, followed by carvery at Inn for All Seasons, Treleigh.

Names of archer/diners to Roger by end of February please.

Archery numbers restricted to 24 on a first come basis.

If you don't want to have a go at the archery you can just come to the Inn For All Seasons at 12.30pm. Again, please let Roger know by the end of February.

### **Thursday 27<sup>th</sup> March**

6.30 pm at Probus Comrades Club. Meet Pallie Savoie from FFI Atlanta and FF Devon members. Pasties and scones. Pig racing!  
Full details in the New Year.

### **Sunday 22<sup>nd</sup> April**

Treasure Trail and supper in Lostwithiel.

Contact Christine for details.

### **Thursday 3<sup>rd</sup> to Monday 7<sup>th</sup> May**

FF International Conference in Budapest.

### **Thursday 24<sup>th</sup> to Thursday 31<sup>st</sup> May**

FF Atlanta visits FF Cornwall. Harry has all the details.

### **Wednesday 27<sup>th</sup> June**

Minnack Theatre matinee performance of "Importance of Being Earnest". Details from Christine in the New Year.

### **Wednesday 18<sup>th</sup> July**

Afternoon walk on the Roseland followed by meal, (weather permitting). Details from Christine in the New Year.

### **September** (Date to be confirmed.)

Visit to Courts of Justice in Truro

*To avoid having to phone around, it would be extremely helpful if members could let the relevant person know by the due date whether or not they will be attending any of these gatherings.*

*Thank you*